

To support a fun and thriving music and dance community, here are ways we care for each other at all PCDC events

We strive to be inclusive, welcoming, and safe:

- We welcome young and old, new and experienced musicians and dancers to enjoy dancing and playing music together.
- We treat each other respectfully and always consider the safety of others.
- We give and receive feedback as gracefully as possible.
- We offer gentle and empathetic cues when we notice someone is confused.
- We dance with whoever is coming at us - meaning people can enjoy dancing either role, regardless of their gender identity or expression.
- We come fragrance-free, knowing that some people have sensitivities.
- We arrive sober - recognizing that many of our events involve close physical proximity and spatial awareness.
- We stay home if we are feeling ill, to keep others in our community healthy.

We communicate openly and practice consent:

- When we ask someone to dance, we graciously accept 'no thanks' as an answer.
- We ask potential partners which role they'd like to dance without assuming.
- We are gentle with each other - careful to respect physical limitations, preferences and boundaries on any given night, including personal space.
- We volunteer our preferences and needs, such as, "I'm dizzy. Can we slow down?" or holding our own arm down when a twirl is offered to indicate "no."
- We ask partners if they would enjoy flourishes or close embrace swings before adding them in.

We support the community:

- We support local and regional musicians and callers by paying what we can.
- We consider becoming a PCDC member, serving on a committee, or volunteering.
- We give back in other ways - we sweep the floor, invite new friends, or get to know a newer musician or dancer.

Speak up - if you notice something that doesn't seem quite right, please let an organizer know.

For our full Code of Conduct, go to pcdc.fun/files/PCDC-CodeofConduct.pdf or use the QR code.



[Thank you to South Bay Grange contra dance in Olympia]